

Resource Sheet - Goodnight Moon

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Activity suggestions for 0 - 3 year olds

Make & Take:

Goodnight Moon I Spy Bag

1. Read the "Goodnight Moon" book with your group of children.
2. Talk about some of the objects found in the pictures of the book.
3. Encourage children to point to objects they see in the story as you read the book.
4. Have the "Goodnight Moon I Spy Bag" available for the children to touch and manipulate.
5. Encourage children to talk about what they are "spying" in the bag.
6. Refer to text from the story as they find or point out the various objects in the bag.

Song: I See the Moon

(from: A Smooth Road to London Town CD by: Kathy Reid Naiman)

I see the moon, and the moon sees me
Down through the leaves of the old oak tree
Please let the moon that shines on me
Shine on the ones I love.

Rhyme: The Moon is Round

(from: Zoom Zoom Cuddle and Croon CD by: Kathy Reid Naiman)

The Moon is round, as round can be,
Two eyes, a nose, a mouth, like me!

Other Favourites:

Twinkle, Twinkle Little Star
Zoom, Zoom, Zoom We're Going to the Moon

Other Activities that Enhance the Book "Goodnight Moon"

Language - Make a poster with two columns - one column labelled **Day** (with a sun next to the word) and the other column labelled **Night** (with a moon next to the word). Have some pictures of things that are familiar to the children, and sort them into things that they see or do during the day or during the night.

Shadow Play - Provide children with flashlights in a darkened room or cover a large table with a blanket. Provide cut out shapes from the story (such as a telephone, a mouse, a moon, a star, a mitten, etc.) and assist the children in creating shadows and guessing/talking about shadow shapes.

Bookmaking - Make a book (each child gets their own page) to show what they like to say goodnight to each night. Older children can draw their own pictures and have adults help them to write words beside what they have drawn and parents of younger children could provide photos of things from home - such as Mom, Dad, brother, sister, stuffed toy, family pet, etc. Give your book a title and a publishing date.

Bin Play - Place some small scoops and a pair of socks and a pair of mittens in your sensory bin with sand, rice, etc. Encourage children to fill them, empty them, try them on, match them up, etc.

Snack - Serve a bowl full of mush for snack (eg. oatmeal, cereal, mashed bananas, etc.) Be creative!

Creative - Children can create their own "great green room" by gluing catalogue items onto a sheet of green paper. Pictures can be precut for younger children and older children can search for and cut out their own.

Quiet Area - Take a dark blue or black plastic tablecloth and poke "lots" of holes in it. Use it to cover a table that would be appropriate for the children to crawl under. Place pillows or stuffed animals under the covered table. The children will have stars shining on them in their quiet space.

Check out these related books:

Goodnight, Me by: Andrew Daddo

Time for Bed by: Mem Fox

The Napping House by: Audrey Wood

Night is Coming by: W. Nikola-Lisa

Can't You Sleep, Little Bear? by: Martin Waddell

Check out this Website

www.hubbardscupboard.org/goodnight_moon.html