

Resource Sheet - Diary Of A Worm

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Activity suggestions for children 4-6 years

Make & Take: Worm Fun Facts book

1. This book is designed to create discussion during small group time
2. During small group time make a chart of the different things that worms eat
3. Use gimp or yarn of different lengths to demonstrate how long 9 cm up to 30 cm is
4. Tape a seamstress measuring tape to the top of the play dough table. Encourage the children to make worms out of the play dough of differing lengths

Poem: Little Wiggle Worm

I'm a little wiggle worm
(hands together over head)
Watch me go!
I can wiggle fast (wiggle quickly)
Or very, very slow (wiggle slowly)
I wiggle all around, (wiggle and turn in a circle)
Then back I go.
Down into the ground, (bend over to enter ground)
To the home I know.

Other favourites: Herman The Worm (song)

Other Activities that enhance the book Diary Of A Worm

Craft: Give the child a cookie sheet with some shaving cream and some brown paint on it. Have the child use their hands to mix the paint into the shaving cream. Encourage them to use their fingers to make worm burrows in the shaving cream. When they are done place a large piece of paper over top of the cookie sheet. When the paper is removed it looks like worm burrows on the paper. Allow time for the paper to dry.

Science: Gather materials to create your own temporary worm home for your class. Fill the bottom of a fishbowl, aquarium or large glass jar with gravel. Layer damp, loosely packed soil on top of the gravel. Add your worms and their food to the jar. Food to add can include dead leaves, coffee grounds, cornmeal and table scraps such as carrot peels and bits of fruit and vegetables. Keep the outside of the container covered with dark paper when the children are not observing the worms. Moisten the soil daily with a spray bottle, using rainwater if possible.

Language: Worm match is a beginning sounds matching game. Fill two containers with sand. Gather 20 large craft sticks. For each pair of sticks, label one end of each stick with a sticker or picture that begins with the same beginning sound. Cover the pictures with clear tape to protect them. One the opposite end of each stick in the pair draw either a girl face or a boy face so that the pair creates a couple. Place all the boy worms in one sand container picture side down and all of the girl worms in the other container picture side down. Have children take turns choosing a worm from each tub of sand. Have them say the names on the pictures of each worm and determine if the beginning sounds match. If a match is made, the child keeps the worms, If a match isn't made, the worms are returned to the sand. Have fun.

Gross Motor: Create a simple obstacle course for your children to use either inside your class or outside in a grassy area. Talk with the children about the movements of a worm. Have your children go through the obstacle course by crawling like worms under, around and through the different components.

Language: Night Crawler Search is a beginning sounds game. Colour, cut and laminate the worm pictures. Place the worms in an empty bin with green Easter grass. Tape each label to a different plastic container. Encourage the children to use flashlights and plastic tweezers to find the worms in the grass. Have the child say the picture's name for the worm found and decide which container to put it in. Continue with the rest of the worm pictures. Happy hunting!

Check out these related books

Well Done Worm by Kathy Caple
Wiggling Worms At Work by Wendy Pfeffer

Check out this Website

<http://home.howstuffworks.com/worm-activities.htm>